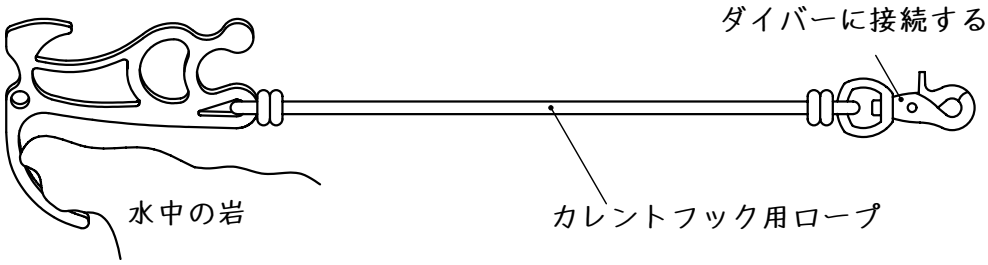
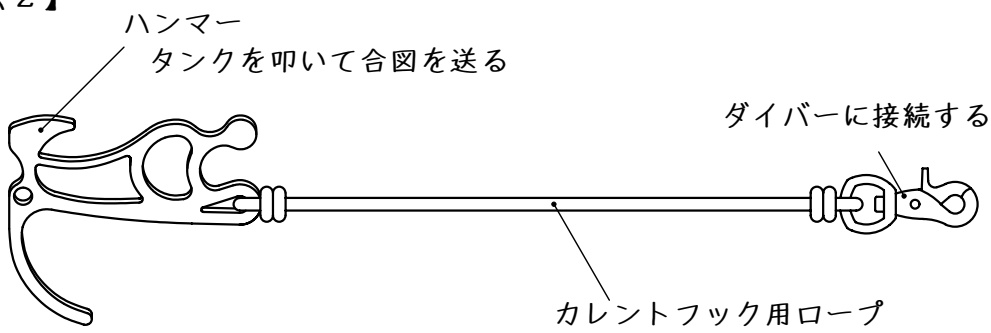
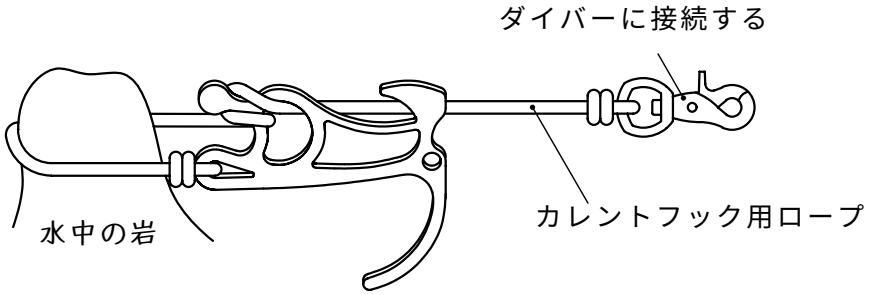
【使用方法１】



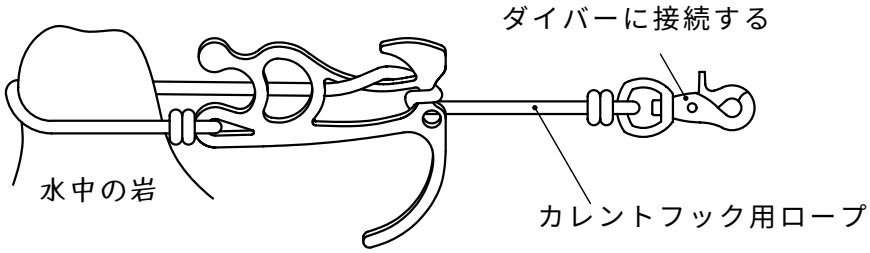
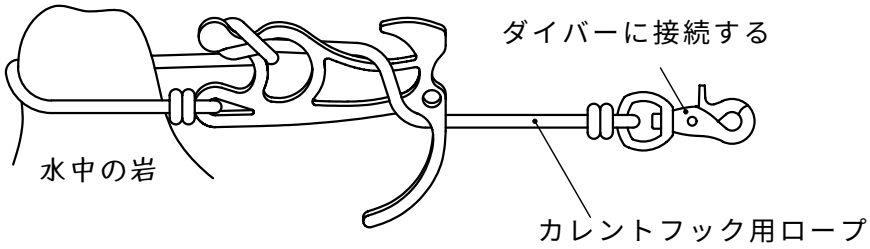
【使用方法２】



【使用方法３】



【使用方法４】



【使用方法５】