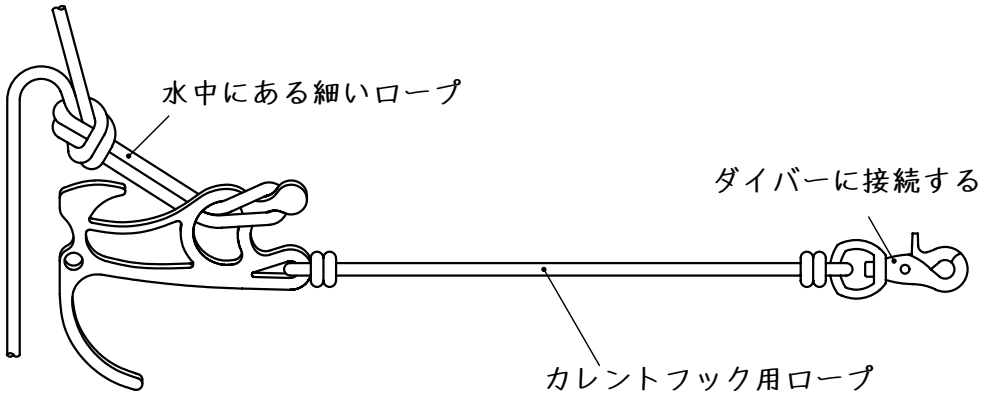
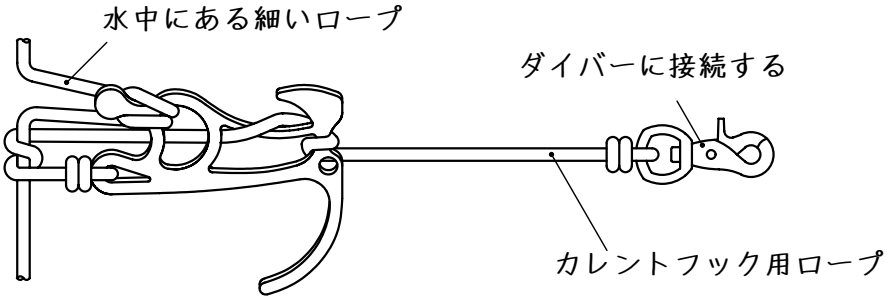
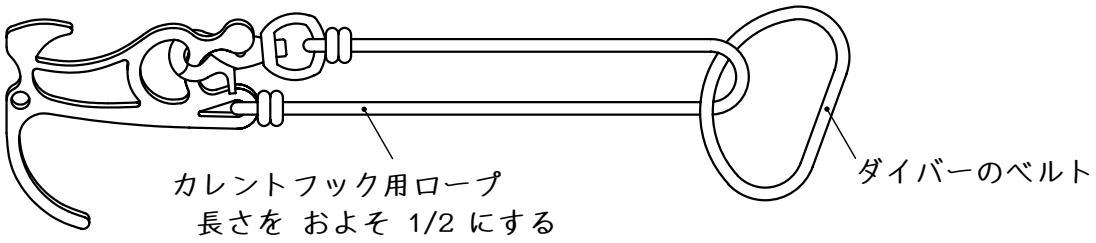
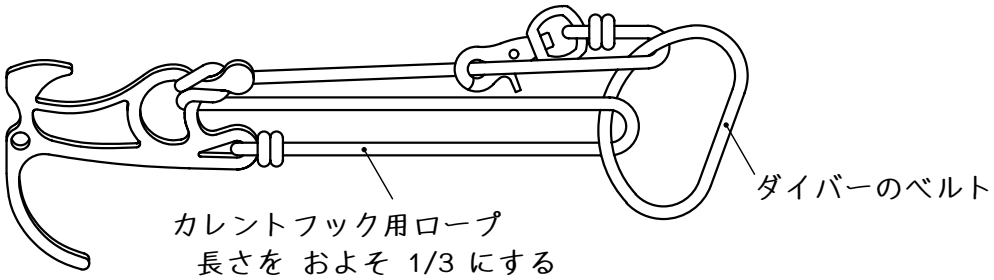
【使用方法１１】



【使用方法１２】



【使用方法１３】



【使用方法１４】